

Catholic High Parentlines

Supporting our parents in their role as the primary educators of the Catholic faith

Owensboro Catholic High School

November 2016

What's inside

- p. 2 Fr. Bradley: Eight sets of twins in freshman class
- p. 3 Tim Riley: Cell phone policy
- p. 4 Guidance Department news
- p. 5 News, notes, and dates for parents
- p. 8 Career Development class talks car-buying

Lori Quinn: Be open to change



Lori Boarman Quinn, OC '97

Lori Boarman Quinn graduated from Catholic High in 1997. She currently works for Owensboro Health's One Health @ Work as an account executive. Her husband Michael is a

Louisville Fire Fighter and works part-time for Health and Safety Sciences, LLC.

When she graduated high school, Lori did not know what she wanted to do with her life. She went to college at Kentucky Wesleyan College on a full scholarship in softball and soccer. She chose Marketing and Advertising as a major because she knew she would do well in that area and because the major accommodated her athletic schedule. She and her husband Michael were in Charlotte, North Carolina, in 2008, when the market declined. Stressed about the market changes and having always

Continued on page 6

From the moment the day starts, the emphasis is on faith

After being in the school business for 34 years, 22 of them as an administrator, I have seen and heard many interesting things and have been involved with many different types of scenarios involving students, parents, and teachers. Fortunately, my experiences have been overwhelmingly positive, and if I were to walk away from this job today, I would consider myself very fortunate to have lived out my professional vocation in a very meaningful and rewarding way.

I have mentioned many times in this publication how fortunate I have been, and how I consider it quite the privilege to be the Principal of Catholic High. Like all jobs, as good as it has been, there have been some challenges and some complaints, but in all my educational experiences at other schools, the one thing that I never did receive any questions about was whether we were religious enough. Obviously, this

Gates Settle, Principal



question wasn't asked in public schools, so when I came to OCHS and became familiar with what went on, I knew very quickly that I was in the right place. One of the first things that so impressed me was how Catholic it felt when one entered the building. From the moment the day started till dismissal, there was an emphasis on our Faith, and we have continued to try to build on that emphasis each year.

Continued on page 7



Last month's senior girls' retreat prays the Stations of the Cross around an evening bonfire at the diocese's Gasper River Retreat Center. The Religion Department sponsors four senior retreats each year.

What are the odds on eight sets of twins in one class?

Studies have shown that the human birth rate for twins, in the United States, has risen a little over 76% since 1980. Here at Catholic High, the twin population rose by sixteen from last year. Our freshmen class contains eight sets of twins. Four are from Holy Name of Jesus School in Henderson, and four are from Owensboro Catholic Middle School.

Twins are two offspring produced by the same pregnancy. Twins can be either monozygotic (“identical”), meaning that they develop from one zygote, which splits and forms two embryos, or dizygotic (“fraternal”), meaning that they develop from two different eggs. Here at OCHS, four sets of our twins are monozygotic and four are dizygotic. Interestingly, in the general population, approximately 30 percent of twins are monozygotic and approximately 70 percent dizygotic.

Ms. Connie McFarland and I met with our freshmen twins for lunch about a week ago. It was a delightful experience! It didn’t matter whether they were identical twins or fraternal twins, their experiences were similar. When asked, “What is the best thing about being a twin?” They answered, “You always have a best friend.”

Ashlyn Farina said it like this, “You have a built-in best friend.” Rudy Clouse said, “I don’t have to worry about forgetting a book or forgetting what’s for homework. I have only to ask Elisa.” Grace and Claire were born at Methodist Hospital in Henderson. Claire said, “There were four sets of twins in the Neonatal Intensive Care Unit in the hospital. It was so unusual the hospital made a poster of the four sets of twins and put it on a billboard.”

One of the difficult things about being a twin, according to Jameson Mayfield is that he never gets enough time in the bathroom because his sister Bethany takes up all the time.

They had a lot of funny experiences to share. Kaylee and Kara Morris shared an experience they had in first grade. They were in different first grade classrooms when they decided to change classrooms for a whole day to see if the teachers noticed. They did not. Kaylee and Kara are very much alike and very competitive, which they say surprises some people.

Finally, they were asked, “What would you like people to know about being a twin?” Some of their answers were: “We are not the same person and we are not

**Fr. Ed Bradley,
Campus
Minister**



exactly alike.” Ashlyn Farina said: “You don’t have to look alike to be twins. I can’t tell you how many times my mother is asked, ‘Are you sure they are twins?’ because we don’t look alike.” Another said, “I don’t like always being compared with my twin.” Bethany Mayfield said, “Some people think we are exactly alike, but we are not. We have nothing in common other than being a twin.”

After all is said and done, we are fortunate to have these students at Catholic High, and they are happy to be here. There are four sets of twins in the upper grades at OCHS. They are seniors Will and Wes James, Shelbi and Jacob Mulcahy, juniors Ross and Maci Blair, and Macy and Morgan Thompson.

We’re happy they are here too.



Catholic High's freshman class has eight sets of twins. Four sets are monozygotic (identical) and four are dizygotic (fraternal). Interestingly, in the general population, approximately 30 percent of twins are monozygotic and approximately 70 percent dizygotic. Pictured here, left to right (one twin seated in front of the other), are Clara and Jack Bach, Grace and Claire Hauke, Kara and Kaylee Morris, Jameson and Bethany Mayfield, Ashlyn and Georgia Farina, Isabella and Danielle Henning, Rudy and Elisa Clouse, and Bradley and Keaton Davis.

Catholic High cell phone policy

Cell phones have become an important need for communication in today's society. They now have many capabilities other than just a simple phone call. You rarely see or know of any teenagers who do not possess a cell phone. However, cell phones have become one of the most common discipline issues in many schools, including OCHS. Students and parents know that cell phone use is not allowed during the school day. Students should not even have a cell

phone in their possession during school hours.

Orientation is held the beginning of every school year for each class. Freshmen orientation is always a week before school starts and upperclassmen have their orientation a couple of days after school begins. During that orientation, I explain to the students that cell phones are not allowed during the school day. They should be left at home, placed in their locked lockers, or

**Tim Riley,
Dean of Students**



left in their vehicles. There is absolutely no need for students to have cell phones during the school day. The attendance office has a phone that students may use if communication is necessary. If parents need to get their student a message, our secretaries would be glad to take a message and give to that student.

Texting is a big concern for several reasons. Number one, when a student is texting, it distracts them from their concentration in the classroom. If a student has a cell phone out during a test, it raises the question of: were they texting answers to other students, receiving answers, or simply just looking at test information they may have possibly stored on their phone.

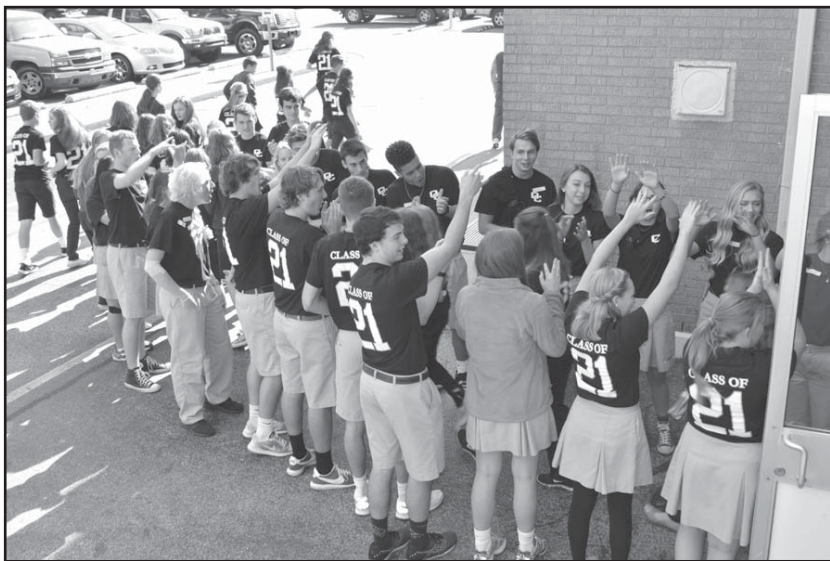
Students are made aware of the consequences of having cell phones out during the school day. Faculty and staff have been instructed that if they see a student with a cell phone during the school day, they are to ask for the phone and take it to the Dean's office. The first offense, the student will pick the phone up from the Dean's office with a detention. The second offense, the Dean contacts the parent/guardian and they are asked to pick the phone up at their convenience and the student will receive another detention. The third offense results in a Saturday School and the cell phone remains in the office until the end of the semester.

Another important reminder to students, never should they text something that could be potentially perceived as bullying, threatening, or harassing. Those issues are handled very seriously and could put their time at OCHS in jeopardy. We appreciate your cooperation in helping OCHS in relaying this information to your student(s), so that their education is not hindered by the distraction of cell phones.



Catholic High parent Dan Goodwin counts out dollar tabs for a customer at one of our weekly bingo sessions. Besides the families listed in last month's Parentlines, the following families have recently volunteered. For that and for all those who have so diligently worked our bingos for so many years, we say, "Thank you." The income from our bingos has for 20-plus years contributed \$80,000.00 to the general OCS budget and \$70,000.00 to the high school and middle school athletic budget each year. It not only saves parents across the entire system tuition money but also helps make the athletic programs at the middle and high schools possible. For all those volunteering at those bingo sessions, especially these most recent ones, thanks: Ellis Birkhead, Briley Elder, Caitlin Gillihan, Emma Goetz, Kinsley Goetz, Carson Greenwell, Abigail Haley, Adaira Hatchett, Lyndsey Hobelmann, Ivory Houle, Crystal Huang, Daily Kanipe, Kaylan Logsdon, Garrison Mayfield, Katherine Mosely, Ella Payne, Maddie Rice, Rachael Smith, Madison Warren, Peyton Warren, Alex Wolfe, Neal Zoglmann.

Guidance Department news



Eighth-graders from Owensboro Catholic Middle, Henderson Holy Name, and Morganfield John Paul II spent the morning at Catholic High on November 4. Juniors and seniors talked to the visiting students about four areas: spirituality, academics, extracurricular activities, and athletics. After a Q & A session, the eighth-graders took tours around the school to meet teachers they will have next year and to get familiar with the school. After lunch together, the students received an OCHS class t-shirt. Pictured top, juniors and seniors prepare to welcome the visitors. Pictured below, the Catholic High students sing the Catholic High fight song as they give the eighth-graders a sendoff at the end of the day. OCHS juniors and seniors participating were David Weafer, Charlie Hall, Grace Wright, Holly Logsdon, Sam Staples, Olivia Thomas, Jacob Mulcahy, Harper Dotsey, Claire Hagan, Hope Johnson, Brooke Riley, Mallory Scott, Tre Green, Matthew Tichenor, Max Maloney, Lauren Willett, Abby Greenwell, Emma Lanham, JT Hayden, Caleb Buckman, Luke Hayden, Macy Peak, Sarah Brown, and Sammy Clore.

GET THE FACTS ABOUT PAYING FOR COLLEGE

One of the most challenging and frightening parts of planning for college is paying for it. But it doesn't have to be. According to a study by the National Center for Education Statistics, 91 percent of students and their families don't accurately estimate the cost of college. Families tend to overestimate the cost, especially when it comes to public colleges and universities.

The best way to make something less frightening is to gather information from a reputable source. The federal Department of Education's website, Student Aid on the Web, can do just that. At www.studentaid.ed.gov, students can find information on the entire federal student aid process, including information on the federal aid programs, tax credits, student and parent repayment options and links to private scholarship sites, as well as the online free application for federal student aid (the FAFSA). The website also provides other general college planning information.

The Department of Education has a variety of resources and programs to help you plan for college. If you don't have access to the Internet, call the Federal Student Aid Center (1-800-433-3243) to find out about the free booklets and brochures for students. Your counselor or public library may also have these publications available.

HOW TO CHOOSE YOUR TEST DATE

Many colleges and scholarship agencies recommend that students take the ACT during the spring of their junior year. By this time students have typically completed most of the coursework covered by the ACT. If you are a junior OCHS will offer the opportunity to take the ACT at OCHS on Tuesday March 15th. All juniors should take advantage of this opportunity.

If you take the ACT as a junior on the March test date, you will have test information to help you plan your senior year in high school. You'll also have the opportunity to retake the test in the fall if you're not happy with your scores. New information from the fall testing will still be available to meet admission and scholarship deadlines.

Before you choose a test date, consider the application deadlines of the colleges and scholarship agencies that are of interest to you. It will take four to seven weeks after a test date for your scores to arrive at your college or agency choices.

Important news, notes, and dates for parents

PROGRESS REPORTS ISSUED

Teachers handed out second quarter progress reports to all students in their classes the week of Nov. 14. The purpose of the report is to notify the student and the student's parent of the current grade in each of the student's classes. The school mailed a progress report home to the parent that is similar to a report card. Each student will receive a more detailed progress report from their teachers to bring home and have it examined by his or her parents.

If a child is struggling in a particular class (with a D or lower), what should a parent do?

First, the parent should have a serious discussion with the child to determine what the problem is. Following the discussion, the parent might want to call or meet with the student's teacher. Members of the OCHS faculty are extremely interested in their students and want very much for each and every one of them to enjoy academic success. OCHS faculty members are always happy to meet with parents, but they do ask that you make an appointment if an in-person conference is desired. Simply call the school and leave your name and number, and the teacher with whom you wish to talk will return your call.

EXAM POLICY STRESSED

The OCHS administration accepts few excuses from students who miss semester exams. Mr. Scott Lowe, guidance counselor, is reminding parents and students of the school's policy, which addresses this.

The policy, which is contained in the school's student handbook, is as follows: The student's parent calls the Principal's office in advance of the missed exam(s). The parent must either have a doctor's statement that the student is incapable of taking exams or must schedule a conference with the Principal. Students not meeting these conditions will not be allowed to take the missed exam(s) but will receive a zero for that exam.

Mr. Lowe said that any student not meeting these conditions will not be permitted to take the exam and will receive a score of zero for that exam.

If the exam missed is first semester, the teacher will administer it at his/her convenience and report the grade to the office

before the end of the first week of the new semester.

Parents are reminded that no students will be exempt from any 1st semester exams.

Meanwhile, the administration has released this schedule for first semester exams:

Tues., Dec. 13--Exams
Wed., Dec. 14--Exams
Thur., Dec. 15--Exams
Fri., Dec. 16--Exams

EXAM SCHEDULE

8:20 - 9:10 Review for exam
9:10 - 9:15 Break
9:15 - 10:45 Exam
10:50 - 10:55 Homeroom
10:55 - 11:30 1st Lunch
11:35 - 12:25 Review for exam
12:25 - 12:30 Break
12:30 - 2:00 Exam

2nd Lunch

11:00 - 11:30 Review for exam
11:30 - 12:05 2nd Lunch
12:10 - 12:25 Review for exam
12:30 - 2:00 Exam

Students will have the review period in the same classroom where the next exam will take place. Students must be present and on time for the review period prior to the exam in order to be allowed to take the exam. Students will remain in the classroom until the exam period is over. Those finished early will not be dismissed.

Students must be in uniform to take exams.

With the completion of exams on Friday, Dec. 16, students will be released for the holidays, and the first semester will be completed.

Second-semester classes will begin when the students return from the holidays.

In returning to school on Monday, Jan. 5, students will go to Homeroom first. At that time, they will receive their 2nd semester schedules.

Students who fail a course or wish to make a schedule change should see Mr. Lowe as soon as possible after returning from Christmas break. Schedule changes are only permitted for the first four days of

the new semester.

STUDENTS FAILING REQUIRED CLASSES SHOULD SEE COUNSELOR

Students who fail a first-semester class required for graduation or college admission should see Mr. Scott Lowe, Director of Guidance.

Mr. Lowe will review the student's transcript and determine what academic situation the student is in.

But Mr. Lowe said that there is no guarantee that he will be able to move all students into classes they need to be in. For example, if a class is filled, a student who has a failure might not be able to move into that class even though he might need the credit.

Students may have to recover credits with Edgeinuity or Triplett School.

INFORMATION ABOUT REGISTRATION FOR INCOMING FRESHMEN

The Owensboro Catholic High School registration process continues January 11 with a visit to Owensboro Catholic Middle School. Mr. Settle, Mr. Osborne, and Mrs. Orth will talk with the eighth graders about life at OCHS. Mr. Osborne will give each eighth grader a program of studies and registration materials to be taken home to parents.

The New Student Registration Night for incoming freshmen will be on Wednesday, Jan 25 at 5:30 p.m. in Soenneker Hall.

Parents may then turn in planning sheets at the conclusion of the Information Night or can be returned to Catholic High no later than February 3.

If you have any questions or concerns or would just like to have more information about the registration process, please call Kurt Osborne at 270-684-3215, or e-mail him at kurtosborne@owensborocatholic.org.

YEARBOOK and ADS FOR GRADS

Letters have been sent to all parents containing information about yearbooks with a special notice for all senior parents about Ads for Grads. Anyone who did not receive the information or who needs another copy can contact Ms. Jones, Yearbook sponsor, at 684-3215.

Lori Boarman Quinn: OCS schools provide family support system

Continued from page 1

wanted to work in healthcare anyway, and with her husband's support, she resigned from her job and started nursing school. Of the move, Lori says, "It was one of the best decisions of my life. I wanted to help people, children especially, return to full function or learn to cope with new limitations. I wanted to help kids overcome and get on a path for a full life. Working at Levine Children's Hospital in Charlotte challenged me mentally, physically, emotionally, and spiritually. It allowed me to care for children and their families during their most dire times and will always be one of the most influential times of my life. I chose to leave that position because I had started my own family and felt my career would have to adjust to the priorities of my family."

While in Charlotte, Lori worked as a pediatric ICU step-down nurse at Levine Children's Hospital. Many of the patient's families were transplants from New York or Florida. When their children were fighting for their lives, the families had no local support system. Lori and Michael's first child had been born. After researching the Catholic schools in Charlotte, they realized there was no way they could afford Catholic schools there on a nurse and firefighter salary. The public schools were the second worst in the nation. The couple had searched for homes outside the city, but none worked out. Finally, one day, Lori had a patient who was 15 months old (the same age as their daughter Ireland at that time). The patient had a very poor assessment. Unfortunately at 3 pm that day, the little girl died. The mother was devastated, alone, and with no support system. Lori then realized, "We had to make a change to give our kids and ourselves a more supportive environment." Lori and Michael immediately started looking into moving back to Owensboro. When their second child was two weeks old, they moved. The second child will start OCS in the fall, in kindergarten. The third child will be there in two years.

Lori's first major of Marketing and Advertising and her degree and experience in nursing have lead well into her position at Owensboro Health as an account executive. Of that, Lori says, "Becoming a nurse



Top photo, Lori Boarman Quinn (OC '97) poses with her husband Michael and three daughters, Ireland (left, eight years old), Bailey (right, five) and Delaney (center, three). Bottom photo, Lori and her daughters after they completed this year's local Color Blast road run. Left to right, the daughters are Bailey, Delaney, and Ireland.

after working in the advertising industry for six years was a great move and a great accomplishment. Finding a career where I can give back to my community and impact others' lives is fulfilling. Nursing has also provided me with a tremendous diversity and background. The job opportunities are endless with nursing."

Of Catholic High, Lori says it instilled

character, provided the confidence, dedication, commitment to do good, and a network to succeed in life. Catholic schools reinforced the strength of a family support system, she says, and it currently provides her with confidence that the Catholic community will help keep eyes on her children

Continued on page 7

Lori Boarman Quinn: “Key people in our lives provide that extra encouragement that drives us”

Continued from page 6

to keep them safe and honest.

She further says of OCHS, “My fondest memories of Catholic High are numerous. I loved my time there. I loved winning state with the softball team, being a member of the first fast-pitch team and the first girls’ soccer team. I loved hearing Father Tony scream “Smack it” when we were up to bat. I loved hanging out on the balcony over the courtyard watching the guys play tag football there during lunch. I loved the magazine drive and Magazine Molly that entertained us. I loved the support provided to my family and me when my cousin Chris died and when my Dad died. I loved walking down the hall and knowing everyone that passed me. I loved that the teachers knew me and my family.”

In talking about teachers and coaches, Lori especially mentions Coach Embry and Coach Randolph: “They both always fueled my drive to succeed. They encouraged me on and off the field. I believe some of us are predisposed to success, but key people in our lives provide that extra encouragement that drives us.”

Lori also talks about the impact her parents and grandparents have had on her life and development. She says her father was one of the hardest working men she has ever known. He taught her perseverance and dedication. Her mother has always been very spiritual. She taught Lori how to be compassionate, giving, and loving. Her grandparents lived through the depression. They taught her the value of the dollar.

“Do not judge a book by its cover. People will surprise you. Without opening yourself to hearing and learning from them, you are missing out on a great opportunity. You change, people change, the world around you changes. Be open to change and diversity,” is Lori’s advice to students. Advice we would all do well to heed.

When asked about her accomplishments, Lori responds with maybe the most important thing she has to say: “My greatest accomplishment is raising three girls who know and love God. With faith and trust in God, we can overcome anything. I am most proud that my girls are developing faith and coping skills in Catholic schools and the Catholic Church.”

Settle: “Spread the Gospel, and speak if you have to”

Continued from page 1

As mentioned earlier, we do occasionally hear complaints, and sometimes it is about what we don’t do--such as not emphasizing our Faith enough. Some have even said, “OCHS is not Catholic enough.” This is somewhat mind-boggling to me because I could probably fill up this entire edition with all the things that are done each day to teach, emphasize, and model our Catholicity. In addition to the daily prayers, readings, and other devotionals, the retreats, days of recollections, and special Masses contribute to our Faith formation. The number of school-wide Masses has increased from five years ago, along with adding a vocations class taught by Father Jason McClure. We also have Father Bradley in our building for daily spiritual support, guidance and counseling, and this is yet another way we emphasize our

Faith each day.

“Spread the Gospel and speak if you have to,” is a phrase that always comes to mind when I think about actions versus words. So one of the best ways to measure how Catholic we are is not by what is said but by what is done. I will go back to the 2015-16 school year when we had three of our seniors convert to Catholicism because of the impact the school had on them. Each of these graduates made reference to the spirituality that they experienced here--and that is what convinced them to want to become a part of the Catholic Faith. If this is not one of the most impressive testimonials for what we do each day at OCHS, then I have no idea what a testimonial is. So I think the answer to the question, “Are we Catholic enough” is, “Just watch what we do each and every day!”



At the recent senior girls’ retreat at the diocese’s Gasper River Retreat Center, one of the groups’ activities included low ropes. Top photo, the group passes fellow senior Alyssa Bickett through the low ropes “spider web.” Other seniors on retreat were Chloe Cecil, Emily Foreman, Alexa Foster, Kimberly Frizzell, Hannah Garvin, Kennedy Hamilton, Payton Hite, Hope Johnson, Katelin Maggard, Kelsey McCarthy, Megan McCarthy, Maggie Mitchell, Lilly Morton, Shelbi Mulcahy, Madlyn Murphy, Regan Neal, Alyssa Ramsey, Brooklyn Reynolds, Sydney Sandefur, Mackenzie Short, Madison Taylor, Alli Thompson, Erin Walker, Maleia Ward, and Lauren Willett. The retreat “adult team” included Bretnea Turner-Thomas, Sherry Orth, Martha Luckett, Lisa Higdon, Kurt Osborne, and Fr. Jason McClure. The Religion Department sponsors four senior retreats each year, two for girls and two for boys.

Owensboro Catholic High School

Owensboro Catholic Schools
 1524 West Parrish Avenue
 Owensboro, KY 42301-3533

Education with a difference

270-684-3215

Non-Profit

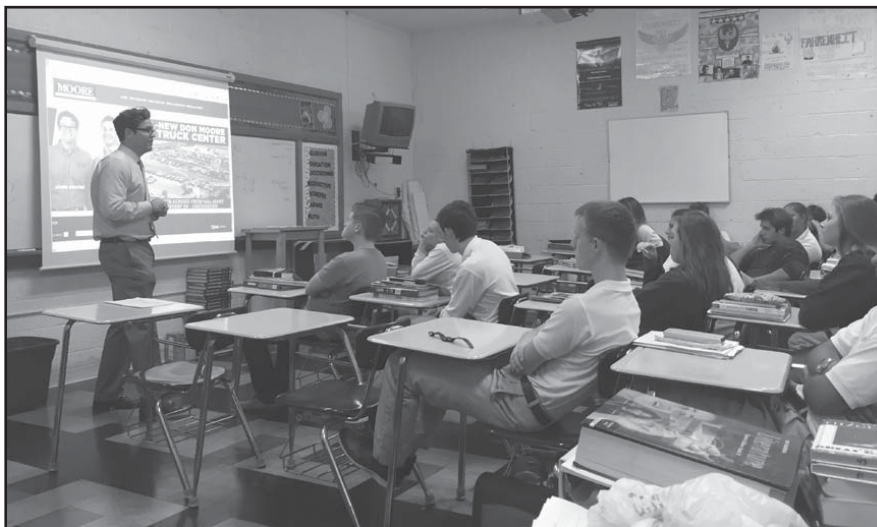
U.S. Postage Paid
 Owensboro, KY
 42301
 Permit No. 74

Return Service Requested***Philosophy and mission***

Owensboro Catholic Schools share in the mission of the Church in communion with families and parishes to provide excellence in Catholic faith formation and academics which prepare students to become responsible members of family, Church, and community.

We at Owensboro Catholic High School believe that each person is sacred and individual, and both called and destined by God for continued growth of all his or her faculties, abilities and awarenesses, both spiritual and material.

We believe, therefore, that it is the primary responsibility of the school to create a truly Catholic environment in which each student is afforded the opportunity to become aware of his or her own worth and be inspired to seek fulfillment in all levels of his or her existence .

Career Development Class talks car-buying

John Moore, owner of Legends and President of Don Moore Automotive, talked to Katie Pagan's Career Development class to debunk car buying myths. He educated the students on knowing how much you can afford, the loan process, and websites to look at prior to purchasing. The class compared a used car from the dealership's website to the Kelley Blue Book site, checked out its history on Carfax, and researched through the Kelley Blue Book to see if it would be a car the students would really want to consider buying. The class also discussed the pros and cons of buying from an individual and buying from a dealership and getting independent third party inspections on a vehicle they might purchase.